

HEALTH COURSE OUTLINE SUMMARY

Court/Community School Humboldt County Office of Education

Course Content and Objectives

The human body

Food choices

Physical activity

Mental and emotional health

Disease prevention

Treatment of disease

Potentially dangerous situations

Alcohol, tobacco, other drugs

Child abuse, sexual exploitation

Emergencies

Family relationships

Peer relationships

Community health

Growth and development

Mental and emotional development

Sexuality

Products and services/food choices

Semester Credits Attempted

Student agrees to complete _____ credit(s) per school attendance month, totaling a minimum of _____ credits attempted.

Course Description:

Health is a 5 credit course available to students in grades 7-12. The course includes topics in both physical and emotional health.

Evaluation:

Student credit and grades will be determined by the teacher based on student learning of the course content. Teachers will choose from among the following assessment methods as appropriate:

- written or oral tests
- oral presentations
- written papers and reports
- group discussion
- individual and group projects
- teacher observation
- _____

Texts:

Globe Health Program
 Kids in Between Health Series
 AGS Life Skills Health

Methods of Study

- ___ Textbook readings and exercises
- ___ Written or oral report
- ___ Group discussion
- ___ Group or individual project
- ___ Lecture or class presentation
- ___ Videos or films
- ___ Computer applications
- ___ Internet research
- ___ Real life applications
- ___ Problem solving
- ___ Field trip
- ___ Community internship
- ___ Service learning
- ___ _____