

H-DN announces All-County, honorable mention, in hoops

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Arcata's Jordan Semple and McKinleyville's Sage Romberg are the Big 5 Most Valuable Players, while Ferndale's Cole Salmon and Hoopa Valley's Winter Nelson are the Little 4 MVPs in the recently released 2009-10 H-DN All-County basketball teams.

Including Semple, nine boys were named to the Big 5 team. The others are Arcata's Ryan DeHart and Conor Byrne, McKinleyville's Chris Pender and Harlan LeRoux, Del Norte's Nick McBride and Chris Scott, Eureka's Levi Jones and Fortuna's Tyler Moody.

The Little 4 team also has nine members. Joining Salmon are his Wildcat teammates James Slade and Andrew Matyshock, Hoopa Valley's Justin Hutt, Julian McCovey and Anthony Colegrove, St. Bernard's Garth Bonomini and Stephen Papstein, and South Fork's Bryan Arbuthnot.

The Big 5 girls' team has nine members. Besides Romberg, the others are McKinleyville's Kaila Johnson and Heather Lovelace, Eureka's Nikki Powell and Jazmyne Younkin, Fortuna's Jade Hudson and Lili Herrera, Arcata's Rebekah Matteri and Del Norte's Lauryn Lesina.

The Little 4 girls' team has eight members. In addition to Nelson, the others are her Hoopa Valley teammates Sara Lewis and Sara Chase, Ferndale's Tara Boynton and Desirae Keyes, St. Bernard's

Brittany Borges and Darah Hill, and South Fork's Taylor Neill.

There are also 20 boys -- 10 from both the Big 5 and Little 4 -- selected as honorable mention.

On the girls side, 23 other players -- 14 from the Big 5 and nine from the Little 4 -- are honorable mention selections.

The H-DN All-County First-Team Selections

Big 5 Girls

MVP -- Sage Romberg (McKinleyville)

Kaila Johnson (McKinleyville)

Heather Lovelace (McKinleyville)

Nikki Powell (Eureka)

Jazmyne Younkin (Eureka)

Lilliana Herrera (Fortuna)

Rebekah Matteri (Arcata)

Jade Hudson (Fortuna)

Lauryn Lesina (Del Norte)

Big 5 Boys

MVP -- Jordan Semple (Arcata)

Ryan DeHart (Arcata)

Conor Byrne (Arcata)

Chris Pender (McKinleyville)

Harlan LeRoux (McKinleyville)

Nick McBride (Del Norte)

Chris Scott (Del Norte)

Levi Jones (Eureka)

Tyler Moody (Fortuna)

Little 4 Girls

MVP -- Winter Nelson (Hoopa)

Sara Lewis (Hoopa)

Sara Chase (Hoopa)

Tara Boynton (Ferndale)

Desirae Keyes (Ferndale)

Brittany Borges (St. Bernards)

Darah Hill (St. Bernards)

Taylor Neill (South Fork)

Little 4 Boys

MVP -- Cole Salmon (Ferndale)

James Slade (Ferndale)

Andrew Matyshock (Ferndale)

Justin Hutt (Hoopa)

Julian McCovey (Hoopa)

Anthony Colegrove (Hoopa)

Garth Bonomini (St. Bernards)

Stephen Papstein (St. Bernards)

Bryan Arbuthnot (South Fork)

Honorable Mention

Little 4 Girls

La'Dayle McCovey (Hoopa)

Oshun O'Rourke (Hoopa)

Crissy Robbins (Hoopa)

Kaitlyn Regli (Ferndale)

Morgan McWhorter (Ferndale)

Haylie Chase (St. Bernards)

Rachele Allen (St. Bernards)

Breanna Miller (South Fork)

Krissy Pardoski (South Fork)

Little 4 Boys

Jon Losa (Ferndale)

Silas Sarvinski (Ferndale)

Adam Coppini (Ferndale)

Trevor Avery (Hoopa)

Tommy Willson (Hoopa)

Spencer Graey (St. Bernards)

Ryder Stapp (St. Bernards)

Tyler Stodder (St. Bernards)

Carlos Ayala (South Fork)

Jared Storre (South Fork)

Big 5 Girls

Kaylee David (McKinleyville)

Kaitlyn Miller (McKinleyville)

McKenzie Ford (McKinleyville)

Lorena Reynolds (Eureka)

Emily Johnson (Eureka)

Karli Dunaway (Eureka)

Tess Armstrong (Eureka)

Nochella Ozard (Fortuna)

Jordyn Shaha (Fortuna)

Kelsey Jacobs (Fortuna)

Ashley Moore (Arcata)

Katy Suzuki (Del Norte)

Lexie Nelson (Del Norte)

Ariana Spalding (Del Norte)

Big 5 Boys

Noah Wheeler (Arcata)

Tom Weitzel (Arcata)

Logan Kiff (McKinleyville)

Ben Sheppard (McKinleyville)

Zack Hegelmeyer (Del Norte)

Layton O'Reilley (Del Norte)

Justin Thayer (Eureka)

Kenny Spaight (Eureka)

Brady Shaha (Fortuna)

TJ Rice (Fortuna)