

Four H-DNC athletes advance past MOC

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Del Norte pole vaulter Kelsy Hintz broke her own North Coast Section record to take first overall for the second straight year at the Meet of Champions on Saturday at Berkeley, and she will join three other

Humboldt-Del Norte Conference track and field athletes at the state championships next week.

Arcata's Celeste Manka also qualified for state in the pole vault, placing fourth with a mark of 11-feet, 0-inches, while Hoopa's Alanna Nulph took fourth in the shot put (37-5) to advance.

Del Norte's Taylor Duncan qualified for state in the pole vault on Friday.

"I was just feeling good and ready to go," said Hintz, who cleared 12-4 on Saturday, breaking the NCS record she set last year with a 12-3. "Today it just seemed like I hit all my jumps, including the very first one, which just kind of kept me going."

In the girls' long jump, meanwhile, McKinleyville's Brittainy Chown accomplished everything she set out to and more, but missed qualifying for state by two inches.

Chown, who previously owned the McKinleyville High School record in the long jump (17-5), set a personal record on Saturday, leaping 18-2.25 for a new school record, but she placed fifth, finishing behind James Logan's Briana Stewart, who posted an 18-4.25.

The top four individual finishers advance to state.

"I was just really determined to do it," Chown said about breaking the 18-foot mark. "I felt really good today, and I was just so happy that I did it. I didn't have my hopes up too high on advancing to state, but fifth place is a big achievement for me."

The top six individual finishers received medals.

Another near state qualifier was South Fork's Michael Radenbaugh, who also set a PR on Saturday in the boys' 1,600m (4 minutes, 22.39 seconds), but placed sixth.

Radenbaugh was just tenths of a second away from South Fork's school record in the event (4:22.14).

"I kind of got stuck in the pack a little bit, which can mess up your rhythm, but I ran my best race so I can't be too

disappointed,” Radenbaugh said. “I definitely wanted to go to state, but I’m just happy to get a medal.”

The H-DNC had three athletes competing in the boys’ discus, with South Fork’s Casey Finch leading the way. Finch posted a 140-11 for a 12th-place finish, while teammate Josh McDonald placed 13th with a 135-11. Fortuna’s Michael Bonham placed 16th in the event with a 132-11.

Other locals competing on Saturday were Fortuna’s Rhiannon Roper, who placed ninth in the girls’ shot put (35-5); Fortuna’s Mallorie Franco, who placed 15th in the girls’ long jump (16-5.5); and Del Norte’s Rachel Cink, who placed 13th in the girls’ shot put (33-8).

The California Interscholastic Federation State Championships will be held next weekend at Cerritos College in the Los Angeles area.

To view complete local results, see the local scoreboard on page C2. To see the MOC results in their entirety, visit **www.cifnics.org**.

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